

EMPLOYMENT AND LIFE SKILLS PROGRAM FOR IMMIGRANT WOMEN

Are you a woman new to Canada and looking for work?

Want to learn successful job search strategies?

Wish to feel more confident in interview situations?

This program builds your skills:

- **Personality Dimensions[®] - discover your Soft Skills**
- **Proven Job Search Strategies**
- **Canadian Business Culture**
- **Targeted Resume Writing**
- **Prepare and Practice for Job Interviews**
- **How to Network On-line and In-Person**

The Making Changes Program is offered at two different locations throughout the year!
The program runs one day a week for 8 weeks

NORTH: 1000 Voices at the Genesis Centre of Community Wellness
7555 Falconridge Boulevard NE T3J 0C9 (Saddletowne C-Train station)
Tuesdays, October 2 – November 20, 2018 (every Tuesday for 8 weeks)
TIME: 9:30 am – 3:30 pm (Bring your lunch)

SOUTH: St. Andrew's Centre
1 – 10601 Southport Rd SW (close to Anderson C-Train station)
Mondays, October 1 – December 3, 2018 (no class October 8 or November 12)
TIME: 9:30 am – 3:30 pm (Bring your lunch)

REQUIREMENTS: Permanent Resident or Convention Refugee
Minimum Canadian Language Benchmark 3

CHILDCARE: Free childcare available

For more information or to register please contact ELAINE:

employmentlifeskills@makingchangesassociation.ca

587-329-9592

Please include location, immigration status, childcare needs & telephone number

www.makingchangesassociation.ca

